



AVIVA WOODLANDS: MARCH 2022 CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>MARCH BIRTHDAYS</p> <ul style="list-style-type: none"> • JUNE - 4TH • • KAREN - 4TH • • LOU - 19TH • 		<ul style="list-style-type: none"> • 10am-Chair Exercise • 1:30pm-Bingo • 3pm-The Mercantile is Open • 4pm-Steal my Beads Game • 6:30pm Mardi Gras Party w/Live Music from Tim Javorsky 	<ul style="list-style-type: none"> • 10am-Chair Exercise • 11am-Bible Study • 1:30pm-Drop off residents to Gateway Mall • 2pm-Hymn Sing • 4pm-Wine Down Wednesday • Who, What, Where • Old Stuff Day 	<ul style="list-style-type: none"> • 10am-Chair Exercise • 11am-Crafty Fun • 11am-Bible Study on Channel 2 • 1:30pm-Bingo • 3pm-The Mercantile is Open • 4pm-Ted Talks 	<ul style="list-style-type: none"> • 10am-Catholic First Friday Communion • 10am-Chair Tai Chi • 11:30am-Outing to Greenfield's for Lunch • 2pm-Drive Outing • 4pm-Coffee & Conversation 	<ul style="list-style-type: none"> • 10am-Movie: "Support Your Local Sherriff" • 2pm-Bingo w/ Volunteer • Hit the Target Day
<ul style="list-style-type: none"> • 10am-Catholic Communion • 2pm-Movie & Popcorn: "A Father's Legacy" • Celebrate Your Name Week 	<ul style="list-style-type: none"> • 10am-Chair Yoga • 11am-Current Events Discussion • 1:30pm-Nail Care • 4:30pm-Behind the Name Discussion • Namesake Day 	<ul style="list-style-type: none"> • 10am-Chair Exercise • 11am-Table Games • 1:30pm-Bingo • 3pm-The Mercantile is Open • 4pm-Happy Hour & Fun Facts about Names • Fun Facts About Names Day 	<ul style="list-style-type: none"> • 10am-Chair Exercise • 11am-Bible Study • 2pm-Book Club Movie "The Secret Life of Bees" • 4pm-Wine Down Wednesday & Unique Names Discussion • Unique Names Day 	<ul style="list-style-type: none"> • 10am-Chair Exercise • 11am-Bible Study on Channel 2 • 11am-Pick Up Your New Book Club Book • 1:30pm-Bingo • 3pm-The Mercantile is Open • 4:30pm-Find out what your name means • Learn What Your Name Means Day 	<ul style="list-style-type: none"> • 10am-Chair Tai Chi • 10:30am-Hymn Sing • 11am-Roll a Snowman • 1:30pm-Outing to Durham Museum in Omaha 	<ul style="list-style-type: none"> • 10am-Movie: "New York, New York" dvd • 4pm-Lincoln Irish Dancers Live • Happy Birthday Liza Minnelli
<ul style="list-style-type: none"> • 10am-Catholic Communion • 2pm-Movie & Popcorn: "Army Dog" • K-9 Veterans Day 	<ul style="list-style-type: none"> • 11am-Chair Yoga • 11am-Current Events Discussion • 1:30pm-Nail Care • 3pm-Pie Social for Pi Day • 4:30pm-Color Art Therapy • Pi Day 	<ul style="list-style-type: none"> • 10am-Chair Exercise • 11am-Runaway Basketball • 1:30pm-Bingo • 3pm-The Mercantile is Open • 4pm-Happy Hour & Ireland Karaoke • 6:30pm-Movie: "Stop or My Mom Will Shoot" DVD • Happy Birthday Sly Stone 	<ul style="list-style-type: none"> • 11am-Chair Exercise • 11am-Bible Study • 1:30pm-Drop off residents at Walmart • 2pm-Hymn Sing • 4pm-Wine Down Wednesday • Search For a 4-Leaf Clover Day 	<ul style="list-style-type: none"> • 10am-Chair Exercise • 11am-Bible Study on Channel 2 • 11am-Crafty Fun • 1:30pm-Bingo • 3pm-The Mercantile is Open • 4pm-St Pats Games • 6:30pm-The Irish Comedy Tour Video 	<ul style="list-style-type: none"> • 10am-Chair Tai Chi • 11am-Beginning Irish • 2pm-Men's Group Get together • 3pm-Green Hat Society • 4pm-Footloose in Ireland • 6:30pm-St Patricks Day Party w/Anne Bremer Live 	<ul style="list-style-type: none"> • 10am-Movie: "Chicken People" • 3pm-Cheesecake Social
<ul style="list-style-type: none"> • 10am-Catholic Communion • 2pm-Chapel Service w/Andy Frahm • 3pm-Movie & Popcorn: "Soda Springs" 	<ul style="list-style-type: none"> • 10am-Chair Yoga • 11am-Current Events Discussion • 1:30pm-Nail Care • 4:30pm-You Be the Judge 	<ul style="list-style-type: none"> • 10am-Chair Exercise • 11am-Things Game • 1:30pm-Bingo • 3pm-The Mercantile is Open • 4pm-Happy Hour & Trivia • 6:30pm-Movie: "Mitzi, Roarin' in The 20s" • 100 Years of Carl Reiner 	<ul style="list-style-type: none"> • 10am-Chair Exercise • 11am-Bible Study • 1:30pm-Drive Outing • 3:30pm-Sip & Paint w/ Jenny • Cuddly Kitten & National Puppy Day 	<ul style="list-style-type: none"> • 10am-Chair Exercise • 11am-Bible Study on Channel 2 • 11am-Funny Videos • 1:30pm-Bingo • 3pm-The Mercantile is Open • 3:30pm-Town Hall Meeting • 4:30pm-Cranium Crunches 	<ul style="list-style-type: none"> • 10am-Chair Tai Chi • 10:30am-Hymn Sing • 11am-Group Crosswords • 1:30pm- Penny Ante Game • 3pm-Waffles & Hot Cocoa • 4:30pm-Reminiscing Time • Waffle Day 	<ul style="list-style-type: none"> • 10am-Movie: "Miracle on The Mountain: The Kincaid Family Story" • 3pm- Ice Cream Social
<ul style="list-style-type: none"> • 10am-Catholic Communion • 2pm-Chapel Service w/Faith Bible • 3pm-Movie & Popcorn: "Singing in The Rain" dvd • Sing In The Rain Day 	<ul style="list-style-type: none"> • 10am-Chair Yoga • 11am-Current Events Discussion • 2pm-Live Music w/ 3 Chords & a Cloud of Dust • 4pm-No Look Drawing 	<ul style="list-style-type: none"> • 10am-Chair Exercise • 11am-Active Games • 1:30pm-Bingo • 3pm-The Mercantile is Open • 4pm-Happy Hour & Hand Massages • 6:30pm-Movie: "From the Vine" 	<ul style="list-style-type: none"> • 10am-Chair Exercise • 11am-Bible Study • 2pm-Wheel of Fortune • 3pm-Monthly Birthday Party • 4pm-Wine Down Wednesday & Name That Tune 	<ul style="list-style-type: none"> • 10am-Chair Exercise • 11am-Bible Study on Channel 2 • 11am-Crafty Fun • 1:30pm-Bingo • 3pm-The Mercantile is Open • 4pm-Left, Right, Center Game 		

SPECIALTY CARE CALENDAR - MARCH 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		<ul style="list-style-type: none"> Daily Devotions Chair yoga Nebraska craft Hand massages Ping pong Afternoon Coffee & fun discussions Nebraska Documentary 6:30pm Mardi Gras Party w/Live Music from Tim Javorsky 	<ul style="list-style-type: none"> Lent discussion Morning stretches In the kitchen with Presley! Countryside Drive Sensory Spa & Manicures Afternoon refreshments & Daily chronicles Runaway basketball Western Wednesday 	<ul style="list-style-type: none"> Daily Devotions Group Exercise Wii Bowling 2 truths & a lie game Afternoon Coffee & Fun discussions Walking Club Throwback Thursday TV 	<ul style="list-style-type: none"> Daily Devotions Music & Movement Science experiment Hand massages Afternoon Coffee & Daily Chronicles Karaoke Bus ride Game shows 	<ul style="list-style-type: none"> Daily Devotions Group exercise Scrapbooking Club Sing Along Saturdays Afternoon Coffee & Daily Chronicles Movie Matinee & popcorn 	
	<ul style="list-style-type: none"> Daily Devotions Group Exercise Singing hymns Fun Facts & snacks Hand massages Sunday Sundaes 	<ul style="list-style-type: none"> Daily Devotions Relaxing techniques & Movement White board games Hand massages Table tennis Afternoon Coffee & Daily chronicles Old time TV 	<ul style="list-style-type: none"> Daily Devotions Chair Yoga March craft Hand massages How it's made Sensory ball toss Afternoon Coffee & Daily Chronicles Comedy Classics 	<ul style="list-style-type: none"> Daily Devotions Morning stretches Community service Hand massages Drive outing to deliver food Afternoon Coffee & Daily Chronicles Western Wednesday 	<ul style="list-style-type: none"> Daily Devotions Group Exercise Bingo Hand massages Color therapy Afternoon Coffee & Daily chronicles Throwback Thursday TV 	<ul style="list-style-type: none"> Daily Devotions Music & Movement In the kitchen with Presley Bus ride Hand massages Wii bowling Afternoon Coffee & fun facts Game shows 	<ul style="list-style-type: none"> Daily Devotions Group Exercise Scrapbooking Club Hand massages Ring toss 4pm-Lincoln Irish Dancers Live Daily Chronicles Movie Matinee & popcorn
	<ul style="list-style-type: none"> Daily Devotions Group Exercise Virtual Church service Puzzles Hand massages Sunday Sundaes 	<ul style="list-style-type: none"> Daily Devotion Relaxing techniques & Movement Bingo Hand massages Bean bag toss Afternoon Coffee & Daily Chronicles Old time TV 	<ul style="list-style-type: none"> Daily Devotions Chair Yoga Sensory Spa & manicures White board games Hand massages Balloon bop Afternoon Coffee & Daily Chronicles Comedy Classics 	<ul style="list-style-type: none"> Daily Devotions Morning stretches In the kitchen with Presley Hand massages Do you hear what I hear? Afternoon Coffee & fun discussions Table games Western Wednesday 	<ul style="list-style-type: none"> Daily Devotions Group Exercise St Patricks Day games Hand massages Scavenger Hunt Afternoon Irish Coffee & fun discussions Soda bread 	<ul style="list-style-type: none"> Daily Devotions Music & Movement Color creations Bus ride Hand massages Senses game Afternoon Coffee & Daily news 6:30pm-St Patricks Day Party w/Anne Bremer Live 	<ul style="list-style-type: none"> Daily Devotions Group Exercise Scrapbooking Club Sing Along Saturdays Afternoon Coffee & Daily Chronicles Movie Matinee & popcorn
	<ul style="list-style-type: none"> Daily Devotions Group Exercise Virtual Church service Paint by numbers 2pm-Chapel Service w/Andy Frahm Sunday Sundaes 	<ul style="list-style-type: none"> Daily Devotions Relaxing techniques & Movement Bubble experiments Hand massages Bubble blowing contest Afternoon Coffee & Daily chronicles Old time TV 	<ul style="list-style-type: none"> Daily Devotions Chair Yoga Sweet Tooth Tuesday Virtual vacation Runaway basketball Afternoon Coffee & finish the line Comedy Classics Happy Birthday Don M 	<ul style="list-style-type: none"> Daily Devotions Morning stretches Sensory Spa & Manicures Bus ride Trivia Afternoon Coffee & Daily chronicles Western Wednesday 	<ul style="list-style-type: none"> Daily Devotions Group Exercise Bingo Hand massages Balloon Volleyball Afternoon Coffee & Daily chronicles Throwback Thursday TV 	<ul style="list-style-type: none"> Daily Devotions Music & Movement Bus ride Hand massages Karaoke social Afternoon Coffee & fun discussions Game shows 	<ul style="list-style-type: none"> Daily Devotions Group Exercise Scrapbooking Club Sing Along Saturdays Afternoon Coffee & Daily Chronicles Movie Matinee & popcorn
	<ul style="list-style-type: none"> Daily Devotions Group Exercise Virtual Church service Puzzles 2pm-Chapel Service w/Faith Bible Sunday Sundaes 7pm- Watch the Oscars 	<ul style="list-style-type: none"> Daily Devotions Relaxing techniques & Movement Bingo Hand massages Put Put golf Afternoon Coffee & Daily Chronicles 2pm-Live Music w/ 3 Chords & a Cloud of Dust 	<ul style="list-style-type: none"> Daily Devotions Chair Yoga What did it cost? Hand massages Kickball Afternoon Coffee & Daily Chronicles Comedy Classics 	<ul style="list-style-type: none"> Daily Devotions Morning stretches Sensory Spa & Manicures Armchair Travel Bean bag toss Afternoon Coffee & fun discussions Western Wednesday 	<ul style="list-style-type: none"> Daily Devotions Group Exercise This or that game Hand massages Baseball game Afternoon Coffee & Daily chronicles Throwback Thursday TV 		