February 2026 AVIVA Woodlands Lodge | MC Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Black History Month **10:15** Catholic Communion Bead Threading Daily Chronicles Folding Puzzles Reminiscing Books **2:00** Chapel & Hymns	**2** Groundhog Day! **9:00** News & Current Events **9:45** Black History Month- Rosa Parks **10:00** Brain Games- Groundhog predictions/history **10:30** Noodle Ball **11:00** Head-Toe Exercises **1:00** Bingo **2:30** Groundhog Day Social/Trivia **3:15** Nifty Nails **3:15** Non-denominational Church Service	**3** **9:00** News & Current Events **9:45** Black History Month- Ruby Bridges **9:50** Baking Club- Carrot Cake **10:10** Chair Kick Ball **10:30** Noodle Ball **11:00** Head-Toe Exercises **1:00** Crafts -Cappy- Berry Air-Dry Clay Foam **2:00** Nat'l Carrot Cake Day- Cake & Coffee Time! **2:30** Eastridge Singers **3:00** Card Club	**4** **9:00** News & Current Events **9:45** Black History Month- Maya Angelo **10:00** Brain Games **10:30** Catholic Mass **10:30** Toss your Hat in the Ring **10:45** Bocce Ball **11:00** Head-Toe Exercises **1:00** Roll it, Play it **1:30** L/R Valentines Day Dice **2:00** Happy Hour Social **3:00** Let's Cruise!	**5** **9:00** News & Current Events **9:45** Black History Month- Alice Coachman **10:00** Brain Games **10:30** Chair Kick Ball **11:00** Head-Toe Exercises **1:00** Black History Month Picture Bingo **2:15** Oven Mitt- Minute to win it! **2:30** 60's Finish the Song Lyrics **3:00** Live Music: Chris Sayre	**6** **9:00** News & Current Events **9:45** Black History Month- Gordon Parks **10:00** Brain Games & Winter Olympics Rankings **10:30** Noodle Ball **11:00** Head-Toe Exercises **1:00** Snowball Toss **2:00** Mini Cornhole **3:00** Let's Cruise! **3:00** **Winter Olympics- Opening Ceremony & Popcorn** **3:15** Nifty Nails	**7** Winter Olympics Bead Threading Daily Chronicles Folding Puzzles Reminiscing Books
8 **SUPER BOWL SUNDAY** **10:15** Catholic Communion Bead Threading Daily Chronicles Folding Puzzles Reminiscing Books **5:30** **Superbowl Party**	**9** **9:00** News & Current Events **9:45** Black History Month- Alvin Ailey **10:00** Brain Games & Winter Olympics Rankings **10:30** Deer Hunting **10:45** Noodle Ball **11:00** Head-Toe Exercises **1:00** Bingo **2:30** **Nat'l Chocolate Day- Tasting** **3:15** Nifty Nails **3:15** Non-denominational Church Service	**10** **9:00** News & Current Events **9:45** Black History Month- Bessie Coleman **10:00** Baking- Nat'l Cream Cheese Brownie Day **10:30** Noodle Ball **11:00** Head-Toe Exercises **1:00** Crafts- Valentine's Day Face Emoji Foam Magnet **2:00** Cream Cheese Brownie Social & History **3:00** Card Club/ Calling All Valentine Artist's	**11** **9:00** News & Current Events **9:45** Black History Month- Max Robinson **10:00** Brain Games & Winter Olympics Rankings **10:30** Antler Ring Toss **10:30** Catholic Mass **10:45** Bocce Ball **11:00** Head-Toe Exercises **1:00** League of Pigs- Race #1 **2:00** Happy Hour Social **3:00** Let's Cruise!	**12** **9:00** News & Current Events **9:45** Black History Month- Fritz Pollard **10:00** Brain Games & Winter Olympics Rankings **10:30** Noodle Ball **11:00** Head-Toe Exercises **1:00** Valentine's Picture Bingo **2:00** Fun Valentines Things: Valentine Suncatchers **3:00** Game & Parks Presents "Science of Squirrels" **3:30** Hymn Sing	**13** **9:00** News & Current Events **9:45** Black History Month- Wally Amos **10:00** Brain Games & Winter Olympics Rankings **10:30** Noodle Ball **11:00** Head-Toe Exercises **Valentine Party Day- Neighborhood Delivery** **1:00** Candy Lovers Dice **1:30** Live Music: Tom Ficke **2:30** Movie & Popcorn **2:30** Oven Mitt- Minute to win it! **3:00** Let's Cruise!	**14** **Happy Valentine's Day** Winter Olympics Bead Threading Daily Chronicles Folding Puzzles Reminiscing Books
15 Winter Olympics **10:15** Catholic Communion Bead Threading Daily Chronicles Folding Puzzles Reminiscing Books	**16** President's Day **9:00** News & Current Events **9:45** Black History Month- Barack Obama **10:00** Brain Games & Winter Olympics Rankings **10:30** Noodle Ball **10:30** Parachute **11:00** Head-Toe Exercises **1:00** Presidents Picture Bingo **2:30** Snowball Toss **3:15** Nifty Nails **3:15** Non-denominational Church Service	**17** Mardi Gras **9:00** News & Current Events **9:45** Black History Month- Martin Luther King Jr. **10:00** InterGen Baking: King Cake Cheesecake Bars **10:30** Chair Kick Ball **10:45** Noodle Ball **11:00** Head-Toe Exercises **1:00** InterGen Mardi Gras Crafts **2:00** **Mardi Gras Social** **3:00** Travelogue- New Orleans **3:30** InterGen Coloring/Cards	**18** Ash Wednesday **9:00** News & Current Events **9:45** Black History Month- Claudette Calvin **10:00** Brain Games & Winter Olympics Rankings **10:30** Catholic Mass **10:30** Toss your Hat in the Ring **10:45** Bocce Ball **11:00** Head-Toe Exercises **1:00** Deer Hunting **1:30** Mini Cornhole **2:00** Winter Olympics Happy Hour Social **3:00** Calling All Artists **3:00** Let's Cruise!	**19** **9:00** News & Current Events **9:45** Black History Month- Fredrick Douglas **10:00** Brain Games & Winter Olympics Rankings **10:30** Noodle Ball **11:00** Head-Toe Exercises **1:00** Bingo **2:30** Folk Music Sing-alongs **3:00** Town Hall **3:30** Calling All Artists	**20** **9:00** News & Current Events **9:45** Black History Month- Malcom X **10:00** Brain Games & Winter Olympics Rankings **10:30** Noodle Ball **11:00** Head-Toe Exercises **1:00** Snowball Toss **1:30** Tea Party shopping List **2:30** Movie & Popcorn **3:00** Let's Cruise! **3:15** Nifty Nails	**21** Winter Olympics Bead Threading Daily Chronicles Folding Puzzles Reminiscing Books
22 Winter Olympics-Closing Ceremonies **10:15** Catholic Communion Bead Threading Daily Chronicles Folding Puzzles Reminiscing Books	**23** National Tootsie Day **9:00** News & Current Events **9:45** Black History Month- Jackie Robinson **10:30** Parachute **10:45** Noodle Ball **11:00** Head-Toe Exercises **1:00** Bingo w/ Lynette **2:00** Tootsie Pop Social & History **3:15** Nifty Nails **3:15** Non-denominational Church Service	**24** **9:00** News & Current Events **9:45** Black History Month- Harriet Tubman **10:00** Baking Club- "National Banana Bread" Day **10:30** Chair Kick Ball **10:45** Noodle Ball **11:00** Head-Toe Exercises **1:00** Crafts- Shamrock with Mustache Ornaments **2:00** Banana Bread Social & History **3:00** Card Club/ Calling All Artists	**25** **9:00** News & Current Events **9:45** Black History Month- George T. Washington **10:30** Antler Ring Toss **10:30** NO Catholic Mass today **10:45** Bocce Ball **11:00** Head-Toe Exercises **1:00** League of Pigs- Race #2 **2:00** Happy Hour Social **3:00** Let's Cruise!	**26** **9:00** News & Current Events **9:45** Black History Month- Jesse Owens **10:00** Bocce Ball **10:30** Chair Kick Ball **11:00** Head-Toe Exercises **1:00** St. Patrick's Day Picture Bingo **2:30** Licorice Tasting Test **3:15** Hymn Sing	**27** **9:00** News & Current Events **9:45** Black History Month- George Washington Carver **10:30** Noodle Ball **11:00** Head-Toe Exercises **1:00** Shake Loose Memories **2:00** Shamrock Shenanigans **2:30** Movie & Popcorn **3:00** Let's Cruise! **3:15** Nifty Nails	**28** Bead Threading Daily Chronicles Folding Puzzles Reminiscing Books **2:00** **National Floral Design Day- Flower Workshop**

Activities are specially curated for our Memory Care Community. All activities are subject to change. Questions: Jen Dettmer, MC Activity Coordinator jdettmer@avivaseniorliving.com